



# PRESS RELEASE

Plymouth Township Parks & Recreation Department  
2910 Jolly Road, Plymouth Meeting, PA 19462

**FOR: IMMEDIATE RELEASE**

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## MONTGOMERY COUNTY SENIOR GAMES

The 23rd Annual Montgomery County Senior Games will be held the week of May 12<sup>th</sup> to the 16<sup>th</sup> 2008. Events will be held throughout the week at various locations in Montgomery County, culminating with an awards luncheon on Friday, May 16th, 2008.

Montgomery County Senior games combines sports and recreation with fellowship among everyone involved. Events include basketball (foul shooting and hot-shot), stationary bicycle races, billiards, bowling, darts, golf, par 3 golf, horseshoes, running, swimming, and more.

Any Montgomery county resident 50 years or older is eligible to participate. There are seven age categories.

For more information or a schedule and a registration packet (available in March), please call the Upper Dublin Parks and Recreation Department at (215) 643-1600 ext. 3443 during the business day or by email [PRCSR@upperdublin.net](mailto:PRCSR@upperdublin.net). To download the information, point your browser to [www.upperdublin.net](http://www.upperdublin.net) and click on "Parks and Recreation" and then "Seniors."

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